

# Clackamas Community College

## Online Course/Outline Submission System

Show changes since last approval in red

HE-164 Body and Drugs II: Alcohol

General education certified:  Yes  No

- Writing
- Oral Communication
- Arts and Letters
- Science & Computer Science
- Mathematics
- Social Science
- Cultural Literacy
- Health & Physical Education

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Approved Date (mm/dd/yyyy):  /  /

### Section #1 General Course Information

**Department:** PE/Health/Athletics

**Submitter**

First Name: Tim

Last Name: Pantages

Phone: 3792

Email: timp

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**Course Prefix and Number:** HE - 164

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**# Credits: 3**

Contact hours

Lecture (# of hours): 33

Lec/lab (# of hours):

Lab (# of hours):

Total course hours: 33

For each credit, the student will be expected to spend, on average, 3 hours per week in combination of in-class and out-of-class activity.

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**Course Title:** Body and Drugs II: Alcohol

**Course Description:**

The second of a four-course offering. Covers beverage alcohol as a drug; the history of alcohol use/abuse; physiological and psychological effects of alcohol use on the user; and the impact of that use on those around the user and on society at large.

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**Type of Course:** Lower Division Collegiate

**Is this class challengeable?**

No

**Can this course be repeated for credit in a degree?**

No

**Is general education certification being sought at this time?**

No

**Does this course map to any general education outcome(s)?**

No

**Is this course part of an AAS or related certificate of completion?**

Yes

**Name of degree(s) and/or certificate(s):** Human Services, Fitness Technology

Are there prerequisites to this course?

Yes

**Pre-reqs:** HE 151

**Have you consulted with the appropriate chair if the pre-req is in another program?**

No

Are there corequisites to this course?

No

Are there any requirements or recommendations for students taken this course?

No

Are there similar courses existing in other programs or disciplines at CCC?

No

Will this class use library resources?

Yes

**Have you talked with a librarian regarding that impact?**

No

Is there any other potential impact on another department?

No

Does this course belong on the Related Instruction list?

Yes

**Area:** Physical Education/Health

**GRADING METHOD:**

A-F or Pass/No Pass

**Audit:** Yes

**When do you plan to offer this course?**

Not every term

**Is this course equivalent to another?**

If yes, they must have the same description and outcomes.

No

**Will this course appear in the college catalog?**

Yes

**Will this course appear in the schedule?**

Yes

**Student Learning Outcomes:**

Upon successful completion of this course, students should be able to:

1. describe the three basic categories of beverage alcohol,
2. summarize the history of alcohol use,
3. summarize direct and/or indirect consequences of alcohol consumption on the major physiological systems of the body.

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This course does not include assessable General Education outcomes.

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**Major Topic Outline:**

1. History of alcohol use
2. Personal and societal costs of alcohol abuse
3. Types of alcohol
4. Physiological effects of alcohol consumption

Does the content of this class relate to job skills in any of the following areas:

- |                                      |    |
|--------------------------------------|----|
| 1. Increased energy efficiency       | No |
| 2. Produce renewable energy          | No |
| 3. Prevent environmental degradation | No |
| 4. Clean up natural environment      | No |
| 5. Supports green services           | No |

Percent of course: 0%

## Section #2 Course Transferability

Concern over students taking many courses that do not have a high transfer value has led to increasing attention to the transferability of LDC courses. The state currently requires us to certify that at least one OUS school will accept a new LDC course in transfer. Faculty should communicate with colleagues at one or more OUS schools to ascertain how the course will transfer by answering these questions.

1. Is there an equivalent lower division course at the University?
2. Will a department accept the course for its major or minor requirements?
3. Will the course be accepted as part of the University's distribution requirements?

If a course transfers as an elective only, it may still be accepted or approved as an LDC course, depending on the nature of the course, though it will likely not be eligible for Gen Ed status.

Which OUS schools will the course transfer to? (Check all that apply)

- |                                      |                                  |
|--------------------------------------|----------------------------------|
| EOU (Eastern Oregon University)      | PSU (Portland State University)  |
| OIT (Oregon Institute of Technology) | SOU (Southern Oregon University) |
| OSU (Oregon State University)        | UO (University of Oregon)        |
| OSU-Cascade                          | WOU (Western Oregon University)  |

Identify comparable course(s) at OUS school(s)

**How does it transfer? (Check all that apply)**

general elective

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**First term to be offered:**

Next available term after approval

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